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BETHANY LUTHERAN CHURCH
ELKHORN, NEBRASKA
NOVEMBER 13, 2005
PASTOR WENDA FRY

1 PASTOR WENDA FRY: We are in the second week of a
2 series on the Lord's prayer.

3 I think it's a great way to think of the Lord's
4 prayer as being a great house, the Lord's prayer being the
5 house of God that we can come in and we're welcome in that
6 house and we sit there and pull up a chair at God's abundant
7 table, or sit in the living room of his love

8 Today I'm going to talk about God's abundant table,
9 because we all love food, don't we? We love to talk about
10 food.

11 We love to eat food, but we also love to talk about
12 it, and as I was thinking about these petitions, the third
13 and fourth petitions of the Lord's prayer, give us this day
14 our daily bread, and forgive us our trespasses, as we forgive
15 those who trespass against us, I got to thinking about give
16 us this day our daily bread, since we love food so much.

17 I have some strange thoughts every now and then, but
18 I got to thinking like if you were at a party and you were
19 mingling with some people that you didn't know very well, now
20 that's coming up, you guys, we're going into the holiday
21 season where we'll be at some parties where we don't know
22 other people very well, and I'm thinking that if you're in
23 need of conversation, or a conversation prompter, that you
24 might turn to the person next to you and say tell me about
25 some funny or weird stories that have happened to you in your

1 kitchen.

2 If you think about that, you probably really get
3 some things going

4 Or do you know of any curious dining habits? There
5 is a question to get a conversation started.

6 Because we've all got that cousin that puts ketchup
7 on everything, even chocolate cake.

8 And we've all got that strange uncle, like Pastor
9 Mark does, that made ham gravy that one Thanksgiving and it
10 was so salty that you couldn't hardly stand it, but nobody
11 said anything.

12 Those kind of stories, you see? That's what I'm
13 getting at.

14 We all know those people that just have weird dining
15 habits.

16 Those people that eat their crust on the pie first.
17 What is with these people?

18 You start at the point, right? But those people
19 don't. They eat the crust first

20 And I remember asking a guy one time, "Why do you do
21 that?"

22 He said, "Because I like to get to the point last."

23 I guess I like I get to the point first, so,
24 different.

25 How about those people that just can't stand for

1 like their peas to touch their macaroni?

2 I know it's not just kids, I know that, because when
3 I was in college at St. Olaf we went up to Minneapolis to one
4 of my friend's, she was from a large Italian family, and I
5 had never seen an adult do this, but her father, he's a guy
6 from Italy, they had real Italian spaghetti, which doesn't
7 have all the tomato sauce on it, and he did not want anything
8 else touching that, because he just loved it when his mother
9 made that, so he had separate saucers for every little entre
10 on the table.

11 I said to my friend, "What is the deal? Do they
12 really eat like that over in Italy like this?"

13 "No. That's just my dad. He can't stand any of his
14 food touching the other food."

15 So it's is not just kids that don't like food
16 touching the other food.

17 We all have a kitchen story, don't we? Last night
18 we were sitting at the 5:30 service, and some of you know
19 Marjorie Clintworth, she's really amazing.

20 She comes out of the line at 5:30 and she said,
21 "Pastor Wenda, you talked all this hour about daily bread,
22 and we're not going to have any daily bread because I forgot
23 to put the oven on for the roast before I left for the 5:30
24 service."

25 I said, "At what point, Marjorie, did you realize

1 that you didn't have the oven on?"

2 She said, "When you said give us this day our daily
3 bread."

4 So she said, "I guess we'll go out for sandwiches or
5 something like that."

6 But we all have those mishaps in the kitchen, or
7 those curious dining habits.

8 And we all have those great memories in the kitchen,
9 whether it's our own kitchen, or maybe our grandma's kitchen,
10 or a favorite aunt's kitchen.

11 The garage is optional, right? The office is a
12 luxury, but the kitchen is absolutely essential.

13 Because we love food, and we love what happens in
14 the kitchen.

15 Last week Pastor Mark introduced us to the living
16 room of God's love.

17 And he laid back, and actually he leaned back, put
18 his feet up on this ottoman like this, and I didn't know if
19 he was ever going to get up from there. He looked so
20 comfortable.

21 And didn't he give us a marvelous picture of what
22 it's like to lean back into the loving arms of our daddy in
23 heaven.

24 He gave us a great picture, and then he reminded us
25 that when we pray our Father, Jesus said pray like this,

1 we're really saying, daddy, we are really bringing to the
2 throne of God our most intimate needs and desires.

3 And when Jesus said pray like this, our Father,
4 abba, daddy, that would have shocked those disciples.

5 See, we use the word dad, and daddy, but those
6 disciples didn't.

7 They addressed God in heaven as a father, heavenly,
8 their addresses were very royal, very kingly, very austere.

9 So it shocked them. It doesn't shock us, because we
10 use dad and daddy, especially in America.

11 We don't use poppa so much, but dad and daddy are
12 words that we use

13 And when Jesus said that, they knew something was
14 different then.

15 So to pray our Father is to pray to our daddy in
16 heaven.

17 And little Anthony, one of our brothers here at
18 Bethany, I think he's five or six, after that service, after
19 lunch he said to his mom, "Mommy, did you hear what Pastor
20 Mark said? We're all adopted."

21 See, Anthony is adopted, and he has not been at
22 peace with it, but now he is.

23 Because he knows that all of us are adopted, and the
24 lights went on, and the joy about being an adopted kid of the
25 kingdom, and that's what we all are.

1 We are all that, and that same daddy that signed
2 those adoption papers with the blood of Jesus Christ for you
3 and for me, that same daddy is the same one that provides our
4 evening meal and our kitchen snacks.

5 That one that said I go to prepare a place for you,
6 because in my Father's house, it's a big, big house, and
7 there's lots and lots of rooms, and there's lots and lots of
8 food at that table, and there is even a yard to play football
9 in, as the kids sang, there's a big yard, in that house there
10 is a room for you.

11 You. Every single one of you. There is a room, not
12 just a little closet, or a corner, but a room.

13 So that is how big God's house is, and in that room
14 there is an abundant table where you and I are invited to
15 pull up a chair to that table and to feast on what God
16 provides for us.

17 So today we are going to pull up a chair in the
18 kitchen of God's house and just look at those two petitions
19 of the Lord's prayer.

20 I received an email from one of my brothers in the
21 Bethany family.

22 "Hi, Pastor Wenda. I feel so blessed to be part of
23 the Elkhorn Bethany family. I'm so disappointed that I will
24 miss your kitchen venue this week. The kitchen is my
25 favorite room in my house. It's where my family and friends

1 always gather to talk, to catch up, and to sample whatever
2 goodies are being made."

3 I didn't make these, you know that, but these are
4 those Daylight Donut cinnamon rolls. These are just sinful.
5 They're really great.

6 "I believe it's the heart of the home, the smells,
7 the laughter, the warmth, and, yes, even the dirty dishes
8 tell a great story. It's where my mom and I would make
9 cookies together. It's where my daughter would do her
10 homework and tell of her day in school, while my wife and I
11 would fix supper and set the table. It's where my two dogs
12 always hang out. You never know what might just happen to
13 fall off the counter. I would like to share one of my
14 favorite pictures with you. It's the picture of the
15 gentleman praying over his bowl of soup and a crust of
16 bread. This picture hangs in my kitchen. It was given to me
17 by a very special aunt who passed away this summer. To me it
18 says everything about appreciating what bounty God has
19 provided us, no matter how great or meager it may appear, and
20 how eternally grateful we are for his love and nourishment.
21 May God bless you and keep you both always. In our Lord
22 Jesus. Don."

23 Don is one of our Bethany drummers, and I have to
24 tell you, he's the last person I expected to get an email
25 about the kitchen.

1 I expected maybe a woman might write in about that,
2 but Don wrote in.

3 And he knows how much like I like props and he even
4 dropped that by, it's actually in the chapel, so if you go
5 out the east end today you can take a look at his painting
6 that is in his kitchen.

7 How many of you have that painting, by the way, in
8 your dining area?

9 There are a few of you. There were a couple at the
10 other services as well.

11 It's a very humbling picture. I remember when Mark
12 and I were in theological seminary you could rent paintings,
13 because we couldn't buy any at that point, we were paying
14 loans, and tuition, et cetera.

15 You could rent paintings from the library. I
16 remember I rented this one for about a month, you know what I
17 mean, checked it out from the library, and had it in our home

18 And last night when I walked into the chapel and
19 stood there it just struck me.

20 It was one of those God moments. I really felt like
21 I was in the presence of God as I saw that picture

22 And then I saw the table of the Lord, just always
23 filled with bounty.

24 What a confession of faith Don made. Did you hear
25 that?

1 He so beautifully introduces us to the words, give
2 us this day our daily bread.

3 "God has provided us with a bounty, no matter how
4 great or meager it may appear," these are Don's words, "and I
5 am eternally grateful for his love and nourishment."

6 That's amazing. Remember, in the Lord's prayer
7 Jesus said pray like this, and he doesn't necessarily mean
8 words, disciples.

9 He means pray this way with your life, with your
10 actions. Pray this with your whole life.

11 In all I say and do I want to honor you. That would
12 be praying the Lord's prayer, you see, with your life.

13 It's a model prayer. He really didn't mean for us
14 to rattle it off.

15 He did not mean for us to say petition after
16 petition, without thought, without any idea about what we
17 were saying.

18 Pray like this. He didn't say pray this way every
19 time you pray. Pray like this. It's a model prayer.

20 And so in that petition, give us this day our daily
21 bread, we are asking, we are acknowledging, as Don did, that
22 we get everything we need from God. That's the kind of God
23 he is.

24 That was a great song today. We don't often tell
25 him enough what an awesome God he is, because he's able to

1 provide for our every need.

2 But in that petition, give us this day our daily
3 bread, we are telling God that we trust that he can provide.

4 Now, notice, I never really noticed this, I know it
5 says daily bread, but I never really thought about this.

6 We are not taught by Jesus to give God a list for
7 the week. Did you notice that?

8 We are not taught by our Lord Jesus to give a list
9 for the month.

10 Here, I'm going to need this this month. It's not a
11 grocery list.

12 And here is what strikes me about that. It goes
13 back to our daddy in heaven.

14 He wants us to talk to him every day. Isn't that
15 awesome?

16 That's what this says. Come to me every day for
17 your daily needs.

18 If you need a pair of shoes, I want to know about
19 it.

20 If you need that hole in your heart filled with my
21 love, talk to me about it.

22 If you need a new car, because I know, God says,
23 that car is dangerous, it's on its last couple wheels, ask
24 me.

25 Daily needs are physical, they are spiritual, they

1 are emotional, they are mental.

2 And we're to come to him daily, come to daddy daily.

3 Remember what Mark taught us last week, reminded us,
4 that Jesus says if a kid comes to their dad and asks for a
5 fish, they are not going to give them a stick, or stone, or a
6 snake, and then if you come and ask for an egg, he's not
7 going to give you a scorpion.

8 He's probably going to mix up an omelette with a lot
9 of in ingredients in it.

10 Because that's the way God is. God is abundant.
11 And we are invited to come to God's abundant table.

12 Palm 37 says to trust in the Lord, depend on him,
13 and he'll take care of you.

14 That's what we are saying when we say give us this
15 day our daily bread.

16 We're saying, God, I do believe you can take care of
17 me, and I'll talk to you again tomorrow.

18 That's what he wants. He wants us to do that, but
19 this is a great one, too.

20 Give me enough food to live on, neither too much,
21 nor too little.

22 If I'm too full I might get independent and say,
23 God, who needs him?

24 If I'm poor I might steal and dishonor the name of
25 my God.

1 That is an awesome chunk of scripture. So look that
2 one up later, maybe tonight.

3 Psalm 34, some great stuff about tables and people
4 who prepare food there.

5 How clear is that? In this Bible it says give me
6 poverty, nor riches, because then I won't come to you, God,
7 and ask you for what I need. God wants us to talk to him on
8 a daily basis.

9 Maybe some of you here today have earthly parents
10 that disappoint you.

11 Maybe they don't contact you enough; maybe they
12 contact you too much.

13 Maybe you feel a little bit of pressure to talk to
14 mom or dad every day, or a sister every day, I don't know,
15 but this is what is awesome about our great God. He wants
16 daily contact with us.

17 Maybe you had a parent that didn't contact you as
18 much as you would have liked.

19 But not so with our daddy in heaven. He wants daily
20 contact with us.

21 The other great thing about it is in Revelation 22,
22 Jesus says that he will stand at the door and knock, and if
23 anyone opens that door he will come in to eat with him or
24 with her.

25 That's the other awesome thing about our God. He

1 doesn't bust the door down.

2 He doesn't insist on daily contact. He just would
3 really like it.

4 Give us this day our daily bread.

5 So on to the other part we want to look at today,
6 forgive us our trespasses as we forgive those who trespass
7 against us.

8 I have a picture in my office. It's a picture of a
9 fence, very similar to that.

10 You see fences like that in Montana all the time.
11 This is picture right outside of where my parents live, and I
12 really like it, because I love sage, and I love the mountains
13 in the background.

14 But I love the structure of that fence, and you'll
15 see that often in Montana. You'll see no trespassing on a
16 fence like that.

17 I was looking at that picture as I was preparing the
18 message and I thought, yes, God gives us all some land, he
19 gives us all a piece of land, some territory, and then he
20 says, here, this is enough for you, and this will be enough
21 for you and your neighbor, and this will be enough for your
22 friend, or your marriage partner, and then no trespassing on
23 someone else's land, okay?

24 That's what he said. It's all in the commandments.
25 And we find ourself trespassing, though. That's the thing.

1 We find ourselves going into somebody else's land,
2 trampling on their heart maybe, or their life a little bit,
3 because we don't think we have enough.

4 And when we do that, what we are telling God is you
5 can't provide for me.

6 It isn't enough, what you have given me, I need
7 more, and so I'm going to go over here to this territory and
8 take just a little bit more.

9 We've all done that. We've all trespassed into
10 someone else's territory and taken something that is not
11 ours.

12 I called some friends of ours yesterday and I said,
13 "How are you?"

14 "Well, we're living."

15 I said, "Oh, that's great. That's a good thing."

16 They go, "Yeah, it is, but we're just kind of
17 sitting here."

18 I said, "Well, is everything okay?"

19 "Well, you didn't hear?"

20 "No. What happened?"

21 They are an older couple.

22 "We took a little trip out in the yard, and we
23 waited until our neighbor wasn't home, and then we went a
24 little bit closer because we really wanted to see the color
25 of their new siding," because the older gentleman can't see

1 very well.

2 She said, "We got up there and it looked so
3 beautiful and then we were coming back and my husband fell in
4 a hole and fell down and then dragged me down and I broke my
5 arm."

6 I go, "Oh, I didn't know about that."

7 She said, "Well, that's what you get for
8 trespassing."

9 I said, "That is really true."

10 (Laughter)

11 So when we trespass into somebody else's yard or
12 territory we either get hurt or they get hurt.

13 And when someone trespasses on to our territory,
14 when they hurt our feelings, when they abuse us, when they
15 cause us pain, then Jesus says we are supposed to forgive
16 them, and that's really not that easy to do.

17 Forgive us our debts as we have also forgiven our
18 debtors, for if you forgive others their trespasses, then
19 your heavenly Father will also forgive you."

20 This is what we read at the beginning of our time
21 together.

22 We usually get to "your heavenly father will also
23 forgive you," period, but there is another part in scripture
24 that is pretty clear.

25 It's pretty clear, isn't it? If you don't forgive

1 others, then your Father, daddy, in heaven, will not forgive
2 you.

3 I'm not sure if we really take God's word seriously
4 on this one.

5 And I'm wondering, I've been thinking about this for
6 myself, I'm wondering if maybe some of the reasons my prayers
7 that I have been praying aren't being answered, am I
8 withholding forgiveness for someone?

9 I might be, and I have been examining that this past
10 week in prayer.

11 God, tell me, reveal to me if I'm withholding
12 forgiveness for a family member, or for a friend, because it
13 doesn't seem like these other prayers are moving, and I'm
14 wondering about that.

15 Maybe you want to ask God about that, too. If you
16 have been praying about something for a while and nothing
17 seems to be moving, maybe you're withholding forgiveness,
18 because God is clear about this.

19 Here is an email we got. Mark and I got this. We
20 always get a kick out of you guys, because whenever we start
21 something new then you send us stuff. It's cool.

22 But this is the Lord's prayer, but it's done with
23 God interrupting the Lord's prayer.

24 So I am going to pick it right at the part we're
25 talking about.

1 He's interrupted this prayer now quite a bit. So
2 finally the prayor says, "Lord, if you don't mind, I need to
3 finish up here. This is taking a lot longer than it usually
4 does. Give us this day our daily bread."

5 And God interrupts and says, "You need to cut out
6 the bread. You're overweight as it is."

7 "Hey, wait a minute. What is that? I was doing my
8 religious duty and all of a sudden you break in and remind me
9 of my hang-ups, my problems?"

10 "Praying is a dangerous thing. You just might get
11 what you ask for. Remember, you called me," God says, "and
12 here I am. It's too late to stop now. Keep praying. Well,
13 go on."

14 "I'm scared to."

15 God said, "Scared? Why?"

16 "Well, forgive us our trespasses."

17 "What about Ann?"

18 "See, I knew it. I knew you would bring her up.
19 Why, Lord? She has told lies about me and spread stories.
20 She never paid back the money she owes me. I've sworn to get
21 even with her."

22 "But your prayer, what about your prayer?"

23 And he said, "I didn't mean it."

24 And God said, "Well, at least your honest. It's
25 quit a load carrying around all that bitterness and

1 resentment, isn't it?"

2 "Yes, it is, Lord."

3 Who among us doesn't have a list of the debts that
4 someone has incurred against us?

5 Who among us is not owed an apology by someone else?

6 Who among us is not owed an explanation? Who among
7 us is not owed a childhood, or a marriage, or a thank you?

8 We all incur those kind of debts, and we all can
9 think to ourselves right now of our debtors, can't we?

10 And Jesus said what are you going to do with all
11 that?

12 What are you going to do with all those debts?

13 Carry them around? Let them fester?

14 If you do that, then you're going to be miserable,
15 and it's important that you forgive, because if you forgive,
16 then I'll forgive, he said.

17 When Jesus says in Luke 6, there's a great scripture
18 in Luke 6, 37 and 38, he says, "Don't judge, and you will not
19 be judged. Do not condemn, and you will not be condemned.
20 Forgive, and you will be forgiven. Give, and it will be
21 given to you, good measure, pressed down, running over into
22 the lap of God's love."

23 If you have been hanging around at the church for a
24 while, you've been to the table quite a bit, and you've heard
25 this petition quite a bit, forgive us our trespasses as we

1 forgive those who trespass against us. You have been praying
2 it a while.

3 I was thinking sometimes we just hear those words
4 and they don't really mean anything anymore after a time.

5 I got to thinking that maybe we could think of it in
6 a new way, since we are in the kitchen, I got to thinking we
7 could perhaps think of that scripture, give and it will be
8 given to you, forgive as you have been forgiven, as if we are
9 going to go to the grocery store

10 And at the grocery store what we are called upon by
11 God to do is to pick up the same things for our neighbors
12 that we would pick up for ourself.

13 One of my favorite things is Minute Maid orange
14 juice with medium pulp. I like that.

15 Sometimes it gets kind of expensive because of the
16 weather and all that stuff, so Pastor Mark doesn't buy it for
17 me, but I like to buy it for myself, so I go ahead and do
18 that.

19 But sometimes he'll get me that cheap gallon jug of
20 orange juice, and it's sour, okay?

21 So you are shopping for your neighbor, they have
22 incurred a debt, you buy the medium pulp for yourself and put
23 that gallon jug in your cart for them, right?

24 Down to the bread aisle now. I love that Orowheat
25 winter wheat bread. It's nutty, delicious, perfect size.

1 I buy that for myself, but I go right down a little
2 bit to the day old for my neighbor and look for something
3 moldy, okay, because, see, they have incurred a debt against
4 me, and I'm going to get over on them now.

5 So I take the grocery sack of the orange juice over
6 there and I say I just picked up a couple items for you,
7 enjoy.

8 And I walk back to my house smiling, thinking I've
9 gotten over on them.

10 And when I go into my refrigerator and I open up my
11 refrigerator, what I open up is that cheap gallon jug.
12 That's what is there

13 And when I look at the cupboard to make my sandwich
14 with my toast, what is there is that moldy bread.

15 This is what God means when he says give as you have
16 been given to; forgive as you have been forgiven.

17 That's what you will get in return, is what you
18 give.

19 And that's what God wants us to do. He wants us to
20 live in the freedom.

21 I think one of my favorite writings on sin and
22 forgiveness is this. This is Frederick Beaker. I have used
23 this before.

24 "When somebody you have wronged forgives you, you're
25 spared the dull and self-diminishing throb of a guilty

1 conscience."

2 It feels awful, that throb of guilt, do you know
3 what I'm talking about? Carrying that around is like
4 carrying a rock around

5 "When you forgive somebody who has wronged you, you
6 are spared the dismal corrosion of bitterness and wounded
7 pride. For both parties, forgiveness means the freedom again
8 to be at peace inside their own skins and to be glad in each
9 other's presence."

10 It's so true. This past week, Monday in fact, one
11 of my sisters in Christ from the family of Christ here at
12 Bethany called me.

13 I could tell things weren't quite right, and she
14 said, "I need to tell you something."

15 I said. "Okay."

16 "I need to tell you how you trespassed against me.
17 I need to let you know, because it's really heavy on my
18 heart."

19 And she proceeded, and I listened, I don't know, it
20 seemed like a long time to me, but she proceeded to tell me
21 how I had trespassed into her land, and into her heart

22 And as painful as it was for me to listen to that, I
23 knew that this would be the only way that we could be at
24 peace inside our own skins, and glad in each other's presence
25 again

1 So I listened, and at the end, what I'm learning to
2 do, as Pastor Mark has alluded to as well, we are learning to
3 do with our children, is to repent, because we didn't always
4 get it right.

5 And I think we don't do enough repenting, and
6 repentance sounds like this. Thank you. Tell me more.

7 And so I said that at the end of the twenty minutes.

8 I said, "Thank you. Tell me more."

9 She said, "No. I think that's it."

10 She wasn't yelling at me or anything. She was just
11 letting me know

12 And I said, "Are you sure? Is that all? Is that
13 everything?"

14 "Yes, it really is. I feel so much better now."

15 I said, "Well, now I'm hoping that we can be glad in
16 each other's presence again, and will you forgive me?"

17 See, I knew that was going to be the only way,
18 because when we withhold that forgiveness, Jesus is really
19 clear about it, when we withhold that forgiveness, then we
20 rob ourselves of the comfort that is found in the living room
21 of God's love, and the peace feels so good and comfortable
22 here in God's house, in his great room, where I know that
23 he's my daddy, and he loves me, and he'll give me everything
24 that I need to live this life.

25 And when we withhold those grudges, when we don't

1 tell others, when we don't repent of our mistakes, then we
2 rob ourselves of the nourishment that's here at this table.

3 This is an abundant table, and there is a lot of
4 room, there is a lot of food here.

5 And remember what Don said about the dirty dishes?
6 The dirty dishes tell a story.

7 My friend bought the dirty dishes to me, and you
8 know that even wasn't the best part.

9 The best part was two days later when we saw each
10 other on campus.

11 The best part was the hug, where we could be glad in
12 each other's presence again, and at peace inside our own
13 skins.

14 So when we pull up a chair at the abundant table of
15 our God, we have got to remember that there is enough
16 nourishment here to enable us to let go of those grudges and
17 repent.

18 To say thank you, tell me more, or those other words
19 that are great. I'm sorry. I love you.

20 We remember the night that Jesus went to the table
21 with his friends, and he took, and I'm glad we got the
22 sourdough, because it takes a bit of work to get it open, but
23 the thing I like about the sourdough is it's crusty on the
24 outside, but inside it's beautiful, it's moist, and that's
25 how we are.

1 A lot of times we let that outer crust just keep us
2 from the love that we have for one another

3 And God wants us to come to the table today, to sit
4 at the table, and to drink freely from the cup, and to eat of
5 the bread.

6 We remember the night in which He was betrayed, He
7 took it, and He gave thanks, and He gave it for everyone to
8 eat from. This is My body, given for you.

9 See, that's why Jesus came, to settle this whole
10 issue about sin and forgiveness.

11 And when we withhold forgiveness to someone else
12 what we are really saying is, "Jesus, that work on the cross,
13 you didn't need to do that, because I'll take care of it."

14 So we dishonor God when we withhold those. That's
15 why it's right in the center of the Lord's prayer,
16 disciples.

17 Forgive us our trespasses, as we forgive those who
18 trespass against us.

19 And He took the cup, and He gave thanks, and He gave
20 it for everyone to drink, and He said, "This cup is the new
21 covenant in my blood, given and shed for you and for all
22 people, for the forgiveness of sins. Do this in remembrance
23 of me."

24 I invite you to come into God's great kitchen today.

25