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BETHANY LUTHERAN CHURCH
ELKHORN, NEBRASKA
OCTOBER 23, 2005
PASTOR WENDA FRY

1 PASTOR WENDA FRY: It was a great privilege and
2 honor for me to be the teacher of our young disciples, third
3 through fifth graders and their parents this past week.

4 And the title of the message today, Holy Communion
5 is a meal shared with many, was just one of the teachings
6 that I did on the three weeks that we were together, but we
7 divided it into three sessions of learning.

8 And the first one was Holy Communion is a
9 celebration of God's love and it keeps God's love alive in
10 us.

11 So that was the first week. We talked about the
12 fact that Holy Communion is a celebration of God's love
13 first and foremost.

14 And then if they didn't learn anything else about
15 the supper, I wanted them to always remember that; that it's
16 a way for God to show his love to us.

17 The second week we talked about it being a meal
18 shared with many.

19 Did you see the way in which those young disciples
20 came to the table?

21 They nearly ran up there. Did you see how eager
22 they were to eat at the table of the Lord together?

23 That was an awesome witness, young disciples.
24 Thank you for that. That was spectacular.

25 Because it is a meal shared with many, and it's

1 shared with people that we don't know, and it's shared with
2 people that have believed in the Lord Jesus Christ from all
3 time and in all places.

4 So when we stood up just a few minutes ago and we
5 said we that believed in the Communion of Saints, part of
6 the Apostle's Creed, that's what we were saying.

7 We were saying that we believe that we are part of
8 a larger group of people that spans the world, and that is
9 timeless, really.

10 So indeed it's a meal shared with many, not just
11 the many people that were here today, right, young
12 disciples?

13 But anyone who has ever believed in the Lord Jesus,
14 we shared the meal with them.

15 That's what it means when we say the Communion of
16 saints.

17 Communion is never just about me, although it can
18 feel that way, can't it?

19 When you yourself are walking up to receive the
20 bread and the wine.

21 You can feel like it's just you, but it's never a
22 meal shared alone. It's always shared with other people.

23 The third week we talked about the fact that Holy
24 Communion strengthens our trust in God's love and
25 forgiveness.

1 This past week we remembered that it actually is a
2 gift from God.

3 He gives it to us so that we can be strong in him.
4 So that we can go out to the world.

5 And, again, we often think it's just about us, but
6 it's never just about me.

7 It's always about God. It's always about what God
8 wants to do with his people in the world.

9 And so it's good to think of it that way; that when
10 we come and we think I've sinned, or I've done things I wish
11 I hadn't done this past week, or said things I shouldn't
12 have said, that's good, just keep coming, because it's a
13 gift from God so that you can go back out again. It
14 strengthens your trust in our great God.

15 Now, when I looked at the teachings that we had
16 done together, I realized that Holy Communion perfectly
17 represents the triangle, which is one of the LifeShapes.

18 It's a celebration of God's love, that's up, our
19 relationship to God.

20 It's a celebration of a meal shared with many,
21 that's our relationship in, with other believers.

22 And then it's a meal that strengthens us to go out
23 to the world.

24 So it's really a perfect representation of the
25 triangle, which is one of the LifeShapes.

1 Now, if you are visiting at Bethany for the first
2 time today, if you are a guest, or perhaps you have not been
3 to worship for the past several weekends, you might be
4 confused as to what that means, that that is a LifeShape.

5 On October 2nd Pastor Mark and I shared a new
6 vision for Bethany, a new look, a new way of doing church,
7 called sharing lives shaped by Christ.

8 It's a vision that was entrusted to both of us.
9 Pastor Mark and I are married, for those of you who don't
10 know, and both pastors at Bethany.

11 It was a vision that was given to Mark at a
12 separate time on his sabbatical study this past summer.

13 And also the same one given to me at a different
14 time, like two months later when I was in a cabin up in
15 Wisconsin.

16 So we knew that God was up to something if he had
17 spoken to both of us about the same thing.

18 And we thought we had to be found faithful. We
19 need to bring this before your people.

20 But here is the thing that is most important about
21 a vision that has been given to leaders.

22 The vision always comes to serve the needs of God's
23 people in a certain place and time.

24 So that vision was entrusted to Mark and I, but
25 really what God was doing was he was entrusting you, the

1 people of Bethany, with that vision, because God hears our
2 prayers and he answers them.

3 And last January, 2005, we looked at the biblical
4 notion of community together.

5 And you said to Mark and I, my life, I've got too
6 many plates spinning.

7 That's what you told us. You told us that your
8 lives are out of balance, out of kilter.

9 Some of you told us you were working sixty to
10 seventy hours a week and you don't have time for your
11 family, and that really bugs you.

12 That's what you told us. You told us that you have
13 these beautiful children, and they have beautiful
14 grandparents, and you hardly ever get together.

15 You were telling us, as we looked at the biblical
16 notion of community, that we were created for connection.

17 We have a connection, ingrained connection
18 requirement. You were telling us that was missing in your
19 life.

20 So God hears the prayers of God's people, and so
21 this is a vision that is not Mark's and not mine.

22 But it's a vision that has been entrusted to you,
23 because God hears the heart of his people.

24 And he wants us, as you want to do, you want to do
25 life together deeply with the people that you love, like

1 your wife, or your friends, or your church friends, and even
2 the people that you work with on a daily basis.

3 So it's very important spending a little time on
4 that.

5 It's very important that you understand that
6 visions are given to church leaders because of the prayers
7 of God's people, and he has heard your prayers.

8 So LifeShapes is a way to put form on the chaos.
9 We wonder, how can we do life together deeply, and then God
10 gave us the gift, opened the heavens, and dropped down
11 LifeShapes.

12 What an irony today, this weekend, that I was going
13 to be talking about this, that God opened the heavens up and
14 dropped down a whole bunch of colorful shaped quilts.

15 You know what I am saying? I mean, look at that.
16 Do you see the circle in there? Do you see the triangle?
17 Do you see the square?

18 We have not gotten to the square yet, but this
19 place is full of shapes.

20 And it's almost like he is wanting us to really
21 understand that, yes, okay, you guys are with me, aren't
22 you, on this.

23 The whole campus is just full of shapes. He knows
24 we've been talking about LifeShapes.

25 So just for review, a couple weeks ago we talked

1 about the learning circle shapes our way to answer the chaos
2 in our lives.

3 You were telling us, our lives are chaotic. How do
4 we do this?

5 How do we live life together with the people we
6 love, the people God has given us to love?

7 And so some of the basic shapes, we have been
8 talking about them as we're learning the language.

9 The learning circle is the way you can process
10 something that happens to you in your life.

11 It can happen over thirty hours; it can happen in
12 thirty seconds.

13 If you run into a car in front of you, you go
14 whoops, you hear the bang, and in thirty seconds you think
15 to yourself, I hit that car. Observe.

16 You reflect, oh, that was really stupid, because I
17 know I was driving too fast.

18 You discuss it with yourself, and probably discuss
19 it with the person you just hit, right, and unfortunately
20 maybe the police officer.

21 You get back in your car after having taken care of
22 all that stuff, and you think to yourself, why am I always
23 in a hurry?

24 So you make a plan to not drive so fast and to
25 actually give yourself a little more drive time.

1 And then you call somebody, a friend, and you say,
2 I've been driving fast lately, and I just hit someone, would
3 you ask me next week how my driving is going, please?

4 And then you act on it. You start slowing down.
5 You look at your schedule, give yourself a little more lead
6 time.

7 You can do the circle in thirty seconds, or you can
8 do it in fifty years, and then some.

9 If you were married fifty years ago, that was a
10 moment where you stopped and took notice.

11 You can do the circle for fifty years, making sure
12 that you act on those vows that you took on that wedding
13 day.

14 So the learning circle is a way for us as Christian
15 people to say, God, what are you trying to tell me here?
16 Are you teaching me something?

17 Because when something happens to a Christian, this
18 is disappointing to me, when things happen to Christian,
19 they go that was weird; that was a coincidence.

20 And if we believe that the Lord is the Lord of our
21 lives, then we say wait, that must mean something.

22 The Lord must be trying to teach me something. I'm
23 driving too fast. I don't look at my Palm Pilot. I don't
24 give myself enough lead time out.

25 So it's important to realize that we don't have to

1 just discuss it and discuss it and discuss it.

2 We can actually make some change. It's a way to
3 grow from what happens in our lives, good or bad, okay?

4 Last week Pastor Mark talked about the semicircle.
5 The semicircle is the shape that can help us with our rest
6 and our work.

7 And this is a major paradigm shift for American
8 Christians and for the American culture.

9 Because we tend to rest from our work, and then go
10 on holiday and never really do rest from work, because we
11 are so busy while we are on the holiday.

12 We are really good at that as Americans. We have
13 working holidays, working vacations, don't we?

14 But this is the way to turn it upside down and say
15 I'm not going to rest for my work; I'm going to work from my
16 rest.

17 And I've actually been telling myself that out
18 loud. Like this afternoon after my Sunday afternoon nap,
19 then my weekend begins, yours began Friday, but my weekend
20 begins.

21 And so I really am looking forward to tonight.
22 This is my Friday night, by the way, and then tomorrow is my
23 Saturday, see?

24 And then I'm ready to go and Pastor Mark and I have
25 been playing golf on Mondays, trying to do some different

1 courses, and it's just really been fun.

2 And what I've been saying to myself on Monday
3 night, I've been saying thank you, Lord, for the rest, and
4 I'm looking forward to working from my rest tomorrow.

5 I'm saying it out loud, because I'm the type of
6 person that I used to think that I rested for my work, but
7 it's a gift from God to work from our rest.

8 And that's hard for us as American Christians, but
9 we can do it, and the semicircle can hold us accountable.

10 We can ask each other, how is it going? Are you
11 getting enough rest? Are you working too many hours?

12 We can ask each other those things, because we want
13 to do life together deeply as Christians, okay?

14 And this week we talk about the triangle. These
15 are just the basic shapes.

16 The triangle is used to balance our relationships,
17 no matter what the relationship is, it could be my
18 relationship to God.

19 I could say to myself, am I worshipping God enough?
20 Do I do it in church? Do I do it in the car on the way
21 through Christian music?

22 Do I set aside some time in the morning, even if
23 it's five minutes, to just sit there and say, Lord, I'm
24 listening, and don't say a word. That's hard.

25 But he does talk, if you let him get him a word in

1 edge wise, he will tell you stuff.

2 You only need five minutes. How is my relationship
3 to God?

4 Am I hanging out with other believers? Am I eating
5 with them? That's the in.

6 Do I go out? Do I head out into the world and just
7 say, "Hey, I would like to rake your yard today."

8 And they look at you like you're nuts, because
9 you're that weird neighbor down the street.

10 And they say, "Why? Why do you want to do it?"

11 "Because I love God."

12 That's as simple as it is. It doesn't have to be a
13 big long drawn out evangelism effort.

14 Up, in, and out. It's a way that you can check
15 your relationship with your spouse in your marriage.

16 Are you praying together? Do you worship together?
17 Do you spend time listening to God together?

18 Do you hang out with other people, other believers,
19 and do you go out into the world and just do something
20 together that you never do and meet pre-Christians?

21 There is a lot of them out there that have never
22 even heard how beautiful it is to be the body of Christ.

23 They don't even know what that is like. It is
24 beautiful.

25 That was awesome, seeing how eager those disciples

1 wanted to come to the table today. That was a beautiful
2 picture. There are people that have never seen anything
3 like that.

4 People eager to be with Christ. They have never
5 seen it.

6 But the triangle is versatile. You can put it on
7 anything.

8 Can put it on your small group. If you are meeting
9 with a group, you can say to each other, how is our up?

10 Are we worshipping, are we praying enough? Do we
11 hang out with other believers? Have we invited anybody into
12 our circle lately?

13 And you know what? Maybe we ought to go down to
14 the Francis House and start serving soup like we have been
15 talking about for the last six months. How is our out?

16 It doesn't have to be a long drawn out evangelical
17 effort.

18 But see how it is, disciples? It's kind of fun,
19 because you can put the triangle on anything.

20 You can put it on the church. How is our up? How
21 is our worship?

22 I'm really inspired by some of you, the way you are
23 worshipping, just cutting loose. I love that.

24 Your voices were so strong and beautiful today, a
25 praise lifted to God. How is your up?

1 How is your in? Are you hanging with other
2 believers? How do we do as a church? How is our out?

3 I'm afraid we haven't done very well with our out
4 here at Bethany.

5 I think we are tending to get a little bit of
6 two-dimensional.

7 But in response to what you have wanted in your
8 life, I believe, and so does Pastor Mark believe, that we
9 have been given the shapes to provide form for the chaos of
10 our lives.

11 We received some emails this past week, for which
12 we are really grateful.

13 Three courageous disciples amongst you wrote in,
14 and they are concerned about what is happening.

15 I just think it's awesome that they gave me
16 permission to share these with you, because it takes courage
17 to write in like this.

18 "Hi, Pastor Wenda. I was wondering what it means
19 to be a LifeShapes church. Does that change our ministry
20 focus? I understand that you and Pastor Mark would like to
21 encourage the young adults who attend. Is that our focus
22 now? Is that what adult discipleship is targeting, or does
23 it mean that all sermons will incorporate the LifeShapes
24 information? I would like to be able to wrap my brain
25 around what it means to be a LifeShapes church, but I just

1 don't know. Could you please clear this up for me? Thank
2 you." Thank you for writing that.

3 And this is awesome. One of your church council
4 leaders, those of you who come to Bethany a lot, is really
5 concerned about you.

6 He writes, "Mark and Wenda. There seems to be a
7 lot of rumblings on LifeShapes around the church. I'm
8 hearing comments like, why are we a book club? Why are we
9 always doing something new? How do we incorporate this into
10 our current group? What about me? I'm over thirty-five.
11 The thing that concerns me is that it's people that are
12 involved and they could help spread the word on LifeShapes
13 if they understood it. We are the church and we need to
14 work together to make disciples. I just want you two to
15 understand that your Bethany family needs some help in
16 understanding why and how."

17 The why is your heart. The why is what you said to
18 us. I'm working seventy hours. I have not seen my kids all
19 week.

20 The why is your frustration with not knowing where
21 to put your money. What charity do I give to? How do I
22 sort that out?

23 The why is about the time that you have in your day
24 planner and how you spend it, and you have come to us and
25 said my life is out of kilter.

1 Yet, I want to be a believer, I want to be a
2 Christian, I want to be found faithful. So that is the why.

3 And the how is just beginning. God is working with
4 us.

5 God is working with his people in this place and
6 time, and I believe that he wondered if we wanted to be
7 found faithful or not.

8 And this week I think he really put us to the test.
9 He knows that we do up and in pretty well.

10 But I really believe that he said, okay, you want
11 to do out?

12 Your out is kind of suffering there at Bethany.
13 Are you really sure about that?

14 We said yes, and so what he did is he opened up all
15 the doors and the Cottonwood Quilters came in.

16 He brought the out in to Bethany, and it took us
17 off guard at first, me included.

18 Wow, they're selling jewelry in the hallway. Wow,
19 there are quilts everywhere.

20 And some of the staff is like where is my
21 classroom? Where am I going to meet on Sunday?

22 And to top it off, we had the largest wedding in
23 Bethany's history, eleven attendants on each side, on
24 Friday.

25 Can you imagine what the bride felt like when she

1 came in saw all those quilts, and the mom said we better
2 pray. We better pray.

3 But everything worked out great, because I know
4 that what God was doing is he was opening up the windows of
5 heaven, and what an irony, he is such a great God, he pays
6 attention to our needs, filled this whole thing with
7 colorful shapes, because he knows we are talking about
8 shapes, and a blanket, the symbol of warmth and love.

9 I love you guys. I really mean it. I tell you
10 what, let me show you what it looks like.

11 I'm just going to bring out in, since you guys
12 don't do out very well, I am going to just bring it right in
13 the hallway here.

14 Normally this quilt show is at the Elkhorn Middle
15 School, but not this year.

16 It's at Bethany this year, because God wanted to
17 bring the out in.

18 And he brought those wedding gifts in and I'm
19 certain that several of those people in the wedding party
20 either have never come to church, or have not been to church
21 in a really long time.

22 So he was wondering if we were serious about this,
23 and it has been such a blessing. It has been a gift.

24 Last night as I was closing up from the Saturday
25 service one of the quilters, "Pastor lady," she comes and

1 finds me in the family life center.

2 "Pastor lady, what time does the building open in
3 the morning?"

4 And I said, "I'll be here at 7:00."

5 She said, "Oh, that will be great. I'm going to
6 come in and turn the ovens on and I'm going to bring some
7 cinnamon rolls. Will that be okay, if it smells like warm
8 cinnamon rolls in the morning when your people get here?"

9 Are you kidding? I think so. That's awesome.
10 That's what happens when out comes in.

11 And then the blessing of that wedding party, that
12 was really unusual, how they all just came together, and the
13 couple themselves, they really just wanted to focus on
14 becoming husband and wife is what they told me. God was
15 showing us.

16 We are the church, as your council leader wrote in
17 that email, we are the church, and we do need to work
18 together to make disciples.

19 It's not our vision. God has entrusted you with
20 this really exciting vision, and he's given the how.
21 LifeShapes.

22 That sounds nuts, doesn't it? You know what NUTS
23 stands for? Never underestimate the spirit. So we want to
24 be found faithful in this place.

25 Walt Kallestad is the visionary leader of the

1 21st Century Church, but he has been a visionary leader
2 since I've known him.

3 In 1987 Pastor Mark and I went to Phoenix to our
4 first evangelism conference and Walt was there.

5 And he stood up and he was telling a story about
6 when he used to give his papers in seminary, that some of
7 the professors would write back in bright red, "Your
8 enthusiasm sickens me."

9 And I knew when he told that story, I knew then
10 that he was going to be my mentor.

11 Because that is the kind of visionary leadership we
12 need in the church.

13 And he's always asking God, what do you want me to
14 be doing in this place at this time in history?

15 This is a quote from him. He's transitioning his
16 church of ten thousand people in Phoenix into a LifeShapes
17 congregation.

18 He said he's tired of the building programs and
19 just programs.

20 He said wait a second. We are supposed to be
21 building disciples.

22 He had a sextuple bypass, nearly died, and that's
23 when God said I want you to make disciples, when he was on
24 the operating table.

25 So he's alive and he's transitioning his church

1 into a LifeShapes community.

2 "It helped us move from building a great
3 congregation transforming the community," remember, that's a
4 word we liked from the "Make Room for Life" series,
5 community, yes, where can we get some of that.

6 "Our focus was no longer on building bigger
7 buildings, or implementing as many programs as we could, it
8 became a shift centered on how we could reach out to the
9 community, how each member of our congregation could focus
10 on building a few meaningful and authentic relationships
11 that would make a true difference in their daily lives.

12 "LifeShapes, especially the triangle, provided the
13 tools for teaching us how to make that link with very little
14 effort."

15 One of the reasons that people come to Bethany, we
16 have a survey, and it says they come because they like the
17 worship and they like the people.

18 I love the people, too. You are a great people.
19 You are full of life.

20 And when I go away from this place, I thank God for
21 you, because you're open to change.

22 But I realize that whenever we put something like
23 the word new on there, that there is potential for
24 misunderstanding.

25 New vision, new way of life, new way of doing

1 church. Oh-oh.

2 So I'm really thankful for those people that wrote
3 in, because it's important that we understand that this
4 vision has been entrusted to us, the people of God.

5 Because we recognize that we love our grandkids.
6 We recognize that we love our kids. They are gifts from
7 God.

8 We recognize that the vow we took on our wedding
9 day has kind of gotten lost.

10 We do value those things and God knows we value
11 those things. He wants to help us to do this.

12 That's why we believe that LifeShapes can help us
13 with the form for the chaos of our lives.

14 So we want to be found faithful, and we also want
15 to not be two-dimensional, and so many churches today are
16 two-dimensional, that's why they are dying, Lutheran,
17 Presbyterian, Methodist, all these mainline denomination
18 churches, they are dying, because they only do two out of
19 the three, up, in and out.

20 The triangle is to help us understand the balance
21 of our relationships as a church.

22 Let's go for a moment to the Scriptures, because I
23 want to point this out to you, just take a quick look with
24 me at First Corinthians, Chapter 11.

25 And as I kept reading this over, I realized that

1 God was saying, "Wenda, look, you're not the only church
2 that has struggled with up, in, and out, doing it well and
3 keeping it in balance. The early Christian church also
4 suffered from it."

5 And that's what he is talking about in Chapter 11,
6 Verse 17.

7 He's saying to them now, "I do not commend you,"
8 Verse 18, "When you come together as a church, I hear that
9 there are divisions," and I believe there probably are.

10 Verse 20. But here is what I want to talk to you
11 about.

12 "When you come together, it is not really to eat
13 the Lord's Supper. For when the time comes to eat, each of
14 goes ahead with your own supper, and one goes hungry and
15 another becomes drunk."

16 In other words, what Paul is saying to them is your
17 up is great, I'm so glad you're coming together, that is
18 great, but your in is suffering a little bit and your out
19 really stinks.

20 Because when they were coming together for the
21 Lord's Supper, what they doing is they were getting drunk,
22 and they must not have been eating at home, and they were
23 leaving other people hungry.

24 People that needed the food weren't getting it.

25 The out was suffering. Do you see?

1 The church at Corinth was becoming a two-
2 dimensional church. Up and inners, is what it was.

3 It had up. We were coming together. In was okay.
4 But they were totally missing the out.

5 You guys are not eating the Lord's Supper in a
6 worthy manner, because you are forgetting that the supper is
7 so that we can go out to the world and give to people who
8 don't have.

9 So I was amazed that the Lord showed me that this
10 week; that the triangle helped me to see that that church,
11 too, was two-dimensional.

12 We want to be found faithful as God's people in
13 this place.

14 And let's talk just for a second about two-
15 dimensional churches.

16 I've mentioned this already, but Bethany has been,
17 I believe, an up and inner.

18 We are known for our worship. We're known as a
19 great people.

20 There are some great people that go to Bethany,
21 people tell us, and I'm thankful for that.

22 But our out has suffered, and that's why God opened
23 the windows of heaven and brought the Cottonwood Quilters
24 in, the out came in, and the eleven attendants on both sides
25 came into the church.

1 There are churches that are up and outers. Their
2 worship is great and everything, but it's focused on sending
3 people out to the world.

4 These are the kind of people, at least I do anyway,
5 I meet them on airplanes.

6 These people that belong to these churches, they
7 are always going over to he Ecuador to build a school, or
8 they are going to Bolivia, but I actually had someone tell
9 me this when I was on my way to Bolivia, actually had
10 someone tell me from a church who was going to Ecuador
11 herself, and she said, you know, I live for these trips, and
12 I don't even want to have anything to do with my church, we
13 like to worship together and everything, but I live for
14 these trips. That's two-dimensional. That's an up and
15 outer.

16 And the other one is in and outers. Those are
17 people who worship, they just go by the book, their up
18 suffers, they just go right down, it's all rote, there's no
19 fire in that.

20 But they have great potlucks and they also have a
21 food pantry at their church. So they are in and outers.

22 Now if you look at those, up and inners, up and
23 outers, in and outers, it sounds like belly buttons, doesn't
24 it?

25 And I am quite certain that God does not want us to

1 be navel gazers, I know he doesn't, as Christian people.

2 So we want to be found faithful, and the way a
3 healthy disciple grows, and a healthy church grows, is if
4 our relationships are in balance.

5 Up to the Father; in with other believers; and out.
6 That's the way Jesus did it.

7 It's not about the LifeShapes book; it's about the
8 book, the Holy Bible.

9 It's about the way Jesus lived his life. He spent
10 time with the Father.

11 He went off and was praying by himself. He was
12 always up and away.

13 And when he came back they go, "Jesus, can you
14 teach us to pray like that?" In.

15 And then after they were doing that, he said let's
16 go, get in the boat, let's go to the other side, I've got
17 some teaching to do. Out.

18 It's the way Jesus taught his disciples to live,
19 and we want to pattern our lives after that.

20 The first Christian church did that, Acts 2:42.
21 They spent their time in fellowship and in prayer. They ate
22 the bread together in their homes, up, in, and they shared
23 as any had need. Out.

24 That's the way the first Christian church did it.
25 That's what we need to be doing.

1 We can do it. Because you know what? God wants
2 to do it with us and through us.

3 Let's pray about being a three-dimensional church;
4 not a two-dimensional church.

5 Thank you, God, so much, for your teaching today,
6 for your word that reminds us that we're not the only ones
7 that have struggled with balancing our relationships as
8 Christian people.

9 Thank you for Paul, and his courage to speak to the
10 people and say, hey, I know you love God, and I know you
11 love to come together, but forgetting those who don't have
12 anything.

13 Lord, we don't want to be like that. We want to be
14 found faithful.

15 Thanks for sending us the Cottonwood Quilters and
16 that huge Bethany wedding. Thank you for teaching us
17 through them.

18 Thank you for the shapes. Help us this week to
19 just simply do one of the shapes, just do the triangle on
20 one of our relationships.

21 Give us the power and the faith to do that, Lord.
22 Thank you so much. In your Holy Name. Amen.

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