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BETHANY LUTHERAN CHURCH
ELKHORN, NEBRASKA
OCTOBER 9, 2005
PASTOR WENDA FRY

1 PASTOR WENDA FRY: Today we're going to follow a
2 teaching from Jesus's life and ministry on earth from
3 Matthew, Chapters 5, 6 & 7.

4 It's an excellent teaching and I think that it will
5 help us understand one of the basic LifeShapes just a little
6 bit more completely, the LifeShape being the learning circle
7 this morning.

8 We are going to follow the Sermon on the Mount so
9 that we can talk about the circle on the mount.

10 A little bit later we're going to turn to Chapters
11 5, 6 & 7 and we'll look at that a little more carefully.

12 Last week Pastor Mark and I presented a new vision
13 for Bethany.

14 A vision that we believe God has entrusted not just
15 to the two of us, but has entrusted to the people of God.

16 And visions that God gives, they come to God's
17 people out of their need.

18 And we talked last week about the fact that we
19 really have been identifying in this place that our lives
20 are kind of chaotic and that we really would rather trade
21 our chaotic lifestyle for more connected relationships and
22 the buzz word that is happening here at Bethany is
23 community.

24 We really want to spend more time with people that
25 we really like and that's what Jesus wants us to do.

1 Discipleship is not supposed to be that difficult.
2 He wants us to spend time with people we love and people we
3 like. He wants us to do life together deeply.

4 So the new vision, "Sharing Lives Shaped by
5 Christ", enables us to keep that in the front of our mind;
6 that we want to do life together deeply with one another.

7 We are excited about that vision and we hope and
8 pray that you are.

9 I received an email this week. The subject was
10 life shaping experience. I was so excited to open it.

11 "Dear Pastor Wenda. I don't know if you remember
12 me, but I'm Kathy's daughter. I'm currently in Alpha on
13 Tuesday and in the LifeShapes class on Wednesday. I can't
14 tell you how excited I am about LifeShapes. Before the
15 wonderful group from England came to visit Bethany I
16 attended church every now and then. Ann and the others
17 moved me the night I came to the workshop at Bethany. They
18 were really speaking to me. There was something so simple
19 about what they were saying and the light went on in my
20 head. This is what I've been looking for, a place to
21 belong. I'm one of those busters Ann spoke of. It is
22 important for me to feel like I belong. Since I have been
23 coming on a regular basis to Bethany everything else has
24 fallen into place, behaving and believing."

25 For those of you who were not here on that weekend,

1 Ann talked about the fact that the church has for so many
2 centuries started with belief first.

3 Then when you believed you behaved differently, and
4 then you can belong to the church.

5 But we are flipping that, because our society is so
6 fragmented now, and we have a need to help one another do
7 life together deeply.

8 So we are really concentrating on that which is so
9 biblical, you can belong, everyone can belong here.

10 And after you belong, then maybe belief. That's
11 why we say Bethany is a place for those who believe or want
12 to believe.

13 And we've all had those moments, even if we have
14 come to believe in our Lord Jesus Christ, we all have those
15 moments where we say do I believe or not?

16 So that is why we say that. We belong first, and
17 then belief and behaving will follow. That's what she's
18 talking about.

19 I heard a song the other day that I wanted to share
20 with you and I'm sure you've heard it before.

21 It's by Plumb and it's called "God-Shaped Hole". I
22 had not heard it before, so I had Martha download it and
23 then I had a couple of gurus who can do this kind of thing
24 burn me a clip for you.

25

1 "Every point of view has another angle
2 And every angle has its merit
3 But it all comes down to faith
4 That's the way I see it
5
6 You can say that love is not divine
7 And you can say that life is not eternal
8 All we have is now
9 But I don't believe it
10
11 There's a God-shaped hole in all of us
12 And the restless soul is searching
13 There's a God-shaped hole in all of us
14 And it's a void only He can fill."

15

16 Thank you for that. Isn't that awesome? There's a
17 God-shaped hole in all of us that only He can fill.

18 And there is another lyric that asks the question,
19 do you ever get the feeling that there is something missing?

20 And Michelle, the writer of that email, told me
21 that she had.

22 She knew something was missing from her life and
23 she now knows that what was missing was God. She has
24 completely changed her point of view.

25 A fellow Alpha participant said to her this past

1 week, "Michelle, you're so excited about your faith. It's
2 really fun to be around you. It's really awesome."

3 She said, "I know, and I'm taking my little girl,
4 my three year old, to Explorer's Praise and my fiance is
5 here with me at Alpha."

6 When disciples get on fire like that it jazzes
7 pastors like this. I absolutely love that.

8 When people are excited about their faith and fired
9 up and want to change their point of view.

10 See, we have multiple opportunities every single
11 day of our lives to change our minds.

12 And actually we do it. We actually do it pretty
13 well, except for when it comes to our discipleship.

14 I think I will take Dodge instead of Center. We
15 will change our mind like that about something like that.

16 I think that I'll give my friend a call, because I
17 meant to do that last week.

18 We have multiple opportunities every single day to
19 change our point of view, to change our mind.

20 And when it comes to our life in Christ, we push
21 back, we really resist changing our mind, but in fact that's
22 really what Jesus wants us to do.

23 In fact, when he was baptized and he came up out of
24 the water, the very first message that he had for the
25 people, whoever was there, was the time has come, the

1 Kingdom of God is near.

2 In other words, God is here, I'm here, God has
3 broken into this world.

4 And he said repent and believe the good news. That
5 was the first words out of Jesus's mouth, the earliest ones
6 recorded, Mark, Chapter 1.

7 They must be important words to listen to if they
8 are the very first words that Jesus spoke.

9 And so that is what repentance is all about. It's
10 a point of view. It's a matter of our perspective, isn't
11 it?

12 We can mourn the onset of fall and look out at the
13 field and say, oh, I hate it when the field goes brown.

14 Or we can say I'm really excited about the new
15 season that is coming.

16 We can tell our kids, we would really like you guys
17 to put your bikes away every night, okay, because it's a
18 safety issue and actually I don't want to get that bike
19 wheel crunched up underneath the car.

20 You can tell them that, or you can yell at your
21 kids to get their bikes out of the driveway.

22 You can take advantage of your spouse and the
23 sacrifice they are making in their work and not ever say
24 anything about it and just go about because it really frees
25 you to do what you want to do, or you can thank your spouse

1 for what she or he is doing and the sacrifices he or she is
2 making for your life together.

3 Do you see? We have multiple opportunities every
4 single day of our life to change our viewpoint, to change
5 the way we think about something.

6 And it's called repentance. Repentance is not
7 about judgment; it's about change.

8 And repentance, for some of you who grew up in the
9 church, some of you did, some of you didn't, that word can
10 have a negative connotation, like a hellfire and brimstone
11 sermon from the preacher down from the pulpit on to you.

12 But really if you look at that word in its original
13 language in which the New Testament was written, in the
14 Greek, it's a beautiful word, just rolls off your tongue,
15 metanoia.

16 Metanoia means change your mind. Repentance. And
17 that's what God wants us to do.

18 He wants us to change our minds, because when we
19 change our minds we grow and we learn and we become the
20 disciples that he wants us to become.

21 So today we are going to look at Matthew, Chapters
22 5, 6 & 7. I invite you to turn to that.

23 We are going to turn to Chapter 5 and we are going
24 to see what Jesus teaches about repentance.

25 Now those of you who have not been here, or this is

1 your first time, we believe that part of the vision that God
2 has entrusted to the people here at Bethany is to transition
3 Bethany into a LifeShapes congregation.

4 It's a way of doing discipleship. It's the art of
5 disciples making disciples.

6 We've identified the problem. Chaotic lifestyles.
7 We have not known what to do about it.

8 And Pastor Mark and I believe that LifeShapes are
9 the forms that God has given to us to help us order the
10 chaos of our lives.

11 Today we are going to talk about the learning
12 circle again.

13 The learning circle is a way to learn from life,
14 okay?

15 And it involves chronos time, which is the arrow
16 that goes right across the top.

17 Chronos time is your Palm Pilot, it's your
18 calendar, it's your date book, it's your clock, it's your
19 watch, it's chronological time, it's ticking along and
20 ticking along.

21 And then something happens, that's what that little
22 arrow is, and that is called a kyros moment.

23 That's a different kind of time. That when time
24 seems to stand still.

25 When there is a difficult decision to make, for

1 example, that would be a kyros moment.

2 A kyros moment for me that I was thinking about
3 yesterday was the day that my dad walked me down the aisle
4 and at the end of the aisle I saw Mark.

5 And I had a major kyros moment in that time. It
6 seemed like time was standing still because I knew my life
7 was going to significantly change.

8 And that's what a kyros moment will do. It's an
9 opportunity, it's probably going to mark a significant shift
10 in your life.

11 It's an event, or a moment, or a crisis. It could
12 be something joyful.

13 It could happen very quickly, like someone bumps
14 you from behind, you're sitting at the light and "bam",
15 that's a kyros moment.

16 9-11 was a kyros moment for the world. Hurricane
17 Katrina was another kyros moment.

18 It's a moment or event or crisis where it just
19 seems to stand still.

20 And the learning circle is a way to process that
21 moment so that we can learn from it and grow as God's
22 disciples.

23 See, a lot of times Christians do this, but the
24 world teaches us to say, oh-oh, like when someone hits you
25 behind, we might say something else.

1 We say that's too bad, and even Christians do that,
2 they might say, wow, that was a coincidence, that was weird,
3 that was strange.

4 But if we are in Christ, if we say we believe in
5 Christ and we want to follow after Him, then those things
6 are not coincidences.

7 They are not. It's not weird or strange. It's,
8 Lord, what are you trying to teach me?

9 It's an opportunity, see, for us to learn from what
10 is happening.

11 This is what Jesus meant when he said I'm here, the
12 kingdom of heaven is near.

13 It's a chance for the King to break into your
14 monotonous life and teach you something about how much God
15 wants to be a part of your life.

16 So the learning circle is a way to process the
17 event that happens. No matter what it is.

18 So we are going to look at the teaching now from
19 Jesus, the Sermon on the Mount, and it's really amazing.

20 I want you to turn to that if you would, please.
21 Matthew, Chapter 5, begins the Sermon on the Mount.

22 And we don't get to it until nearly the end of
23 Chapter 6 and then He finishes at the end of Chapter 7.

24 I often wonder, how long was he there? It says he
25 saw the crowd and he went up on the mountain and he sat down

1 and his disciples came to Him, Chapter 5, Verse 1, and then
2 he began to teach. He taught.

3 Look who's there. The disciples are there. There
4 is a crowd.

5 Jesus always taught his disciples, he taught his
6 family members, sometimes they hung out with him, and
7 sometimes he taught his good friends, Mary, Martha, Lazarus,
8 when he was staying at Bethany.

9 And sometimes he taught the crowds and sometimes
10 there was the whole combination of that.

11 And that's what we are supposed to be doing here at
12 Bethany, is teaching disciples, teaching friends of Jesus,
13 and teaching people who have never heard about Jesus, and
14 there were people like that, they had never heard him speak
15 before, in that crowd that day.

16 So he begins to teach, and here is what I would
17 like you to do.

18 If you have your own Bible take a pen and just
19 circle his subject matter.

20 It's pretty amazing, what his teaching is. I'm
21 just going to highlight, we could pick out a lot of things,
22 but this is an amazing teaching.

23 At Verse 13 he says you are the salt and you are
24 the light.

25 Can you imagine someone who has never heard this

1 guy speak before saying what?

2 He wants us to be shiny and salty? I don't get it.
3 Can't you just see that?

4 But he goes on to say that if you are shiny and
5 salty that will reveal that you are doing good things, good
6 deeds.

7 That's what Verse 16 says, so he teaches about good
8 works.

9 Then, of course, later in the Scripture in James,
10 the Book of James says faith without works is dead, so it's
11 important to Jesus, too.

12 And then he addresses, look in 21, he addresses an
13 issue that we all struggle with, anger.

14 And he says if you are going to go give something
15 to someone and you realize that you are angry with someone
16 else, then you really need to just drop what you're doing
17 and go to that person and say I'm angry with you. Can we
18 talk about it?

19 Or what you did to me that day hurt my feelings.
20 Can we talk about it?

21 Matthew 18, if you want to know how to do that,
22 just look at Matthew 18. It tells you exactly how to do it.

23 So he addresses the issue of anger and then he
24 keeps going.

25 Then he does adultery in 27. I circled adultery.

1 He says even if you look at someone with lust, you have
2 already committed that, it's not necessarily the physical
3 act. That's what Jesus said.

4 In Verse 33 he addresses swearing. Just let your
5 yes be yes and your no be no and forget about the rest.

6 In Verse 43 he talks about loving your neighbors,
7 helping them out, doing good deeds for them, maybe bringing
8 them a dish when one of their loved ones dies, talks about
9 loving the neighbors.

10 Chapter 6, Verse 7, when you pray, he teaches about
11 praying. Isn't this an amazing teaching?

12 And he keeps going. Verse 19 he talks about
13 material possessions. Don't store them up here on earth, he
14 says.

15 And he has all this teaching, and let's just put
16 that on pause for a second now, disciples.

17 Look at those subjects. Anger; adultery; prayer;
18 material things; toys; doing good works.

19 And Jesus looks out on the crowd and he looks at
20 the disciples and he can see something is happening in their
21 hearts and minds.

22 He looks out at them and he sees some of them
23 going, "Oh-oh."

24 He sees some of them saying to themselves, "I wish
25 I hadn't done that."

1 He sees some of them saying, "I really think that
2 today is the day I'm going to tell my wife that I have been
3 looking at pornography."

4 That's what he looks out and sees. He looks out
5 and he sees in the crowd people saying to themselves, "I've
6 been angry with that person and I have been giving you
7 gifts, God, and now I'm not going to give any more gifts
8 until I go talk to that person."

9 And Jesus is looking out, just like he's looking
10 out today at you, and upon your heart, and he sees that you
11 are kind of going, "Maybe I swear too much."

12 And that's why this teaching is so incredible. We
13 usually just pick out these verses about worrying and we
14 drop them down into our lives, but they really fit right
15 here.

16 See, in his teaching he's looking and he's going,
17 I'm teaching this radical way of living life, and I can see
18 that these people are starting to worry, and see what Jesus
19 wants is for us to be completely free to be his disciples.

20 So, he says all right, he takes them through a
21 process.

22 This is so cool, disciples, he takes them through a
23 process that frees them up to be the people that he wants
24 them and us to be.

25 And so he says look at the birds, this is the first

1 half of the circle, he says look at the birds of the air.
2 Observe.

3 When something happens in your life, when you have
4 an oh-oh moment, whether it's something backing into your
5 car, or you think to yourself I am swearing too much, or you
6 think to yourself I need to tell my wife the truth, or you
7 think to yourself I have to tell a friend what I think so
8 that we can be at peace inside our own skins and have joy
9 again in each other's presence, the oh-oh moment is to
10 observe after something like that what happens and to pay
11 attention to your emotions and your thoughts and your
12 feelings.

13 That's what you are supposed to do when you
14 observe.

15 Why do I feel the way I do? What just happened
16 now? Do a little looking.

17 Jesus teaches this. This is so awesome that he
18 does this in the Sermon on the Mount. It's actually the
19 circle on the mount.

20 The second thing he says is reflect, and that is,
21 if you have your pen, just underline and put reflect right
22 by Verse 27.

23 "Are you not more valuable than the birds of the
24 air and the flowers in the field?"

25 That's the reflection part. When a kyros moment

1 happens, you reflect.

2 God wants you to look for him and say, "Do you
3 care, God? Am I really valuable to you?"

4 And God's answer is always yes, and that's what
5 Jesus is teaching here. Yes, you are. You are it.

6 You are the apple of my eye, Jesus says to each and
7 every one of us.

8 So he wants us to reflect on just how much he loves
9 us.

10 And then we are supposed to pick it up with
11 somebody else.

12 We are supposed to discuss, and that's Verse 27,
13 "Can any of you by worrying add a single hour to your span
14 of life?"

15 And then he asks another question, "Why do you
16 worry about clothing?"

17 Jesus was excellent at this kind of teaching. It's
18 called rabbinical teaching. It's question and answer
19 teaching.

20 So where we don't get the whole rest of the
21 discussion in here, we know that a discussion ensued,
22 because that was how rabbis taught.

23 He asked rhetorical questions that they were to
24 answer in their own mind and then discuss it with somebody
25 else.

1 I guess I couldn't really add five minutes to my
2 day if I think about that twelve thousand more times.

3 You have to reflect on that and then discuss it
4 with somebody else. It's awesome.

5 And this is where most disciples stay. Right at
6 the bottom of that circle. They observe.

7 9-11 is a perfect example. They observed that the
8 world is in a treacherous state and when that happened
9 churches all across America were flooded that week and into
10 the next probably month.

11 Because people had observed that they were afraid
12 of death and they were wondering about their own mortality.
13 That's what happened.

14 And so they reflected upon it and thought I better
15 get to church.

16 I better go see what the preachers and the pastors
17 and the priests are saying.

18 And they did. They came for about two months. And
19 then they discussed it, discussed it and discussed it, and
20 they just stayed right there.

21 And then pretty soon something else happened and
22 they just kept going in their life and trailed off on their
23 idea of coming back to church.

24 So many disciples will observe a kyros moment, and
25 then they'll reflect upon it, and then they will discuss it

1 and discuss it and discuss it.

2 That's what is so beautiful about the learning
3 circle; is that the only way that healing will come is if
4 you swing back up the other side of the circle.

5 In "The Passionate Life" book there is a little
6 story, it's just simply called a couple in crisis.

7 And it shows the hope that there is when you do the
8 circle completely.

9 "We were attending a church where one of the
10 pastors had studied the LifeShapes principles.

11 "It was during a very difficult in our marriage
12 that we asked him to provide some counsel.

13 "Because of an extramarital affair we found our
14 family on the verge of disintegration. The pain of
15 infidelity seemed impossible to work through.

16 "But the one thing we knew was that we were
17 committed to working through our issues and remaining
18 together.

19 "We sat down with our pastor and talked. By using
20 the points of the circle as the framework for us to address
21 the problems in our marriage we were able to discern kyros
22 moments that had a significant impact on our relationship.

23 "We went through the process of observe, reflect,
24 and discuss for each of those kyros moments, thus beginning
25 a cycle of learning and healing.

1 "In a seemingly impossible situation Jesus has
2 given us a direct path towards his peace and his kingdom."

3 A couple in crisis. They're in the midst of their
4 plan, they're account, and their action.

5 But it shows the possibility that there is, and the
6 temptation when something huge like an extramarital affair
7 occurs, or you find out your spouse has been using
8 pornography, that what happens in those moments is the
9 temptation to just let the covenant and the day that you
10 walk down the aisle just go to nothing.

11 When in fact that covenant is what is to hold you
12 so that you can do the circle and learn from it and not go
13 back to where you were, as a couple now I'm just talking,
14 but to go to a place you've never been, because that's what
15 Jesus wants us to do.

16 He calls us to change our point of view, and one of
17 the lyrics in this song that Michelle shared with us, "Every
18 point of view is another angle, and every angle has its
19 merit, but it all comes down to faith, that's the way I see
20 it," and that's true.

21 But the thing about faith is that it's action, and
22 that's what you see this couple doing.

23 They are getting ready to make a plan. They are
24 maybe at that point holding each other accountable, and they
25 are acting on what they decided to do.

1 That's the other half of the circle. The growth,
2 the change, the healing, the learning will not take place
3 unless you swing back around the other side.

4 So Jesus says make a plan, and that is in
5 Chapter 6, Verse 33.

6 Make a plan, and the plan is this: Get your
7 priorities straight, but strive first for the Kingdom of God
8 and his righteousness, and all these things, the things, the
9 desires of your heart, will be given to you. That's what
10 that means.

11 So Jesus says make a plan, get your priorities
12 right, and here are the priorities:

13 God, family, church, work, even if you work at the
14 church. Right?

15 God, family, church, work. So you begin to get
16 your priorities straight.

17 I met with a couple just a couple weeks ago. There
18 was some strife in their marriage and we began, as we did
19 the first part, the observe, the reflect, and discuss, they
20 both discovered that they both wanted to have a partner.

21 They didn't feel like the other one was a partner
22 for them and they really wanted that.

23 And through that process we were able, the three of
24 us, to identify four different areas of their marriage.

25 One the wife had to work on, one the husband had to

1 work on, and the other two were things that they had in
2 common.

3 I have not checked in with them, I don't know if
4 they are getting to that plan part or not.

5 I hope with all of my heart that they don't stay
6 right there at discuss.

7 I hope that they begin to make the plan. They put
8 their priorities as wanting to have a marriage partner.

9 That was one of their priorities.

10 So Jesus says first put me there, strive first and
11 get your priorities straight, and then find someone to hold
12 you accountable.

13 And that is the second thing, and that is
14 Matthew 7, Verse 3.

15 "Why do you see the speck in your neighbor's eye,"
16 Jesus teaches, "but do not notice the log in your own eye?"

17 In other words, don't worry about everybody else.
18 Don't be looking at other people. Stay to your plan.

19 And find somebody that will hold you accountable,
20 that will ask you about it.

21 If you are going to be going on a diet, and you
22 don't tell anybody else that you are going on a diet, then
23 it won't matter if you cheat. Right?

24 If you want to buy something special for Christmas,
25 and you need to save a little bit on that, and maybe cut

1 down on your credit card use to make that goal, and you
2 don't tell anybody about it, then they are not going to know
3 when you are using your credit card that you are not
4 supposed to be using your credit card right now.

5 So telling somebody today, I'm going on this diet,
6 would you ask me about it?

7 I want to save some money, would you ask me about
8 it?

9 I want to cut down on my swearing, would you ask me
10 about it?

11 So that second thing is stay to your plan, Jesus
12 said, and get someone to hold you accountable.

13 Why do you miss the plank? In other words, don't
14 look at what everybody else is doing.

15 Don't worry about that, and that's probably the
16 hardest part, is to let that sit a bit, because that's hard,
17 is to hold each other accountable.

18 I think almost even more so for Christians, because
19 we think we will just talk to God about it.

20 He wants us to discuss it with others. He wants us
21 to do life together deeply.

22 He wants us to grow and to change. He doesn't ever
23 want us to be at the same place we were yesterday. He wants
24 us to be at a new place.

25 And the action then, and this so cool, at the end

1 of his teaching on the Sermon on the Mount, the circle on
2 the mount actually, Verse 24, Jesus is all done, I don't
3 know how long that took, that must have been incredible, and
4 I bet a few people left when he started talking about some
5 of those things.

6 Chapter 7, Verse 24, "Everyone then who hears these
7 words of mine and acts on them."

8 The first half of the circle is metanoia. Change
9 your mind.

10 The other side is faith, or belief, it's action,
11 and so many of us sit down on that side of the circle and
12 say, God, you will take care of this now, right, because you
13 promised you would.

14 But we have to take action. That's why Jesus says,
15 "Everyone then who hears these words of mine and acts on
16 them will be like a wise person who builds his house on a
17 rock."

18 And he's done with his teaching and look at Verse
19 28.

20 "Now when Jesus had finished saying these things
21 the crowds were astounded."

22 Because some of them were completely free by the
23 end of teaching, see?

24 He looked out. He saw a lot of them going oh-oh,
25 or oh, no, and he thought, yes, it's a radical thing to

1 follow me, and there are certain things I expect, but I want
2 you to be free to be my disciples.

3 And so he tells us to look and to reflect and
4 discuss and make a plan, ask someone to hold you
5 accountable, and act on it.

6 Because he said I came that you might have life and
7 have it abundantly.

8 Our lives are really, if you think about it, our
9 lives are several kyros moments and they are all connected
10 together, and they are meant to bring us to a new place.

11 God is not the Wizard of Oz. He doesn't zap us
12 with bad test results, or extramarital affairs, or betrayal
13 in a friendship.

14 But when those things happen to us in our lives
15 they are opportunities for the Kingdom to break in, for God
16 to break in and break loose and show you something new and
17 different that you've never seen before and thus be
18 completely free to live as one of his disciples.

19 Let's pray about doing that. Lord Jesus, you are a
20 great teacher.

21 Thank you for these words today. They are hard
22 teachings, but you've given us your love and your
23 forgiveness.

24 We ate at your table today, so we have the power
25 and the strength within us to do the things that came to

1 mind in our hearts today.

2 You know that each one here has their concerns,
3 their worries, their anxieties.

4 But you want them to be completely free to live in
5 the light of your love.

6 So, Lord, I pray that your Holy Spirit would rest
7 on each heart here and give them words and pictures and
8 friends in their mind so that they can learn from the things
9 in life that have happened to them.

10 You are so great and you are so good to us and we
11 thank you.

12 Give us your power as we move out into this week.

13 In Jesus's name. Amen.

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